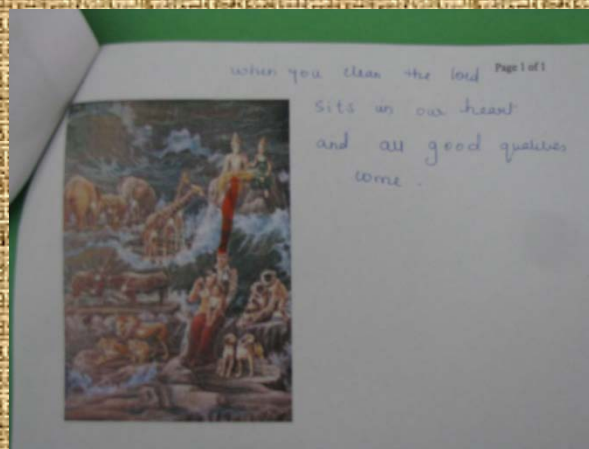
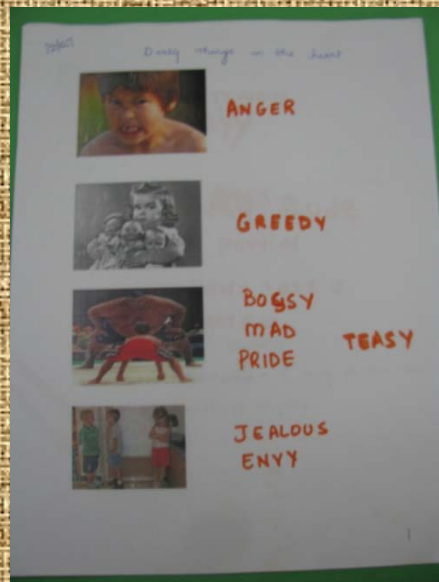


Crafts for Kids

By Vidhur Prabhuji

Chanting Cleanses Heart Booklet



Materials Required:

1. Pictures depicting the dirty things(anarthas) in heart
2. Pictures showing the process of chanting and a self realized soul's heart
3. String to tie the story book pages together
4. Markers
5. Glue
6. Scissors

Steps

With this activity, you can discuss about various anarthas with your kid and how chanting cleanses the heart. Put pictures, scissors and glue in front of your child

1. Start discussing about different anarthas in heart and let them pick pictures which depicts these anarthas and stick on a sheet
2. Discuss why they should be avoided.
3. Talk about how chanting can help overcome them. Put pictures showing devotees doing Japa.
4. Talk about how when chants nicely, how all dirty things in heart go away and let them stick pictures of self realized soul and pictures of spiritual world.

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**Hare Krishna Hare Krishna Krishna Krishna Hare Hare
Hare Rama Hare Rama Rama Rama Hare Hare**